

2018 Bandera Baseball Camp

WIN THE DAY! BULLDOG Baseball is excited about the upcoming season as well as the 6th Annual Bandera Baseball Camp which will be held June 25th and 26th ,2018. Camp times are set from 9:30 am to 11:30 am each day. The cost is \$25 for the two day camp if paid prior to June 4th. After June 4th the cost is \$35! All checks are made payable to BHS-ABC.

This is a camp designed to be FUN with a memorable learning experience for our young developing baseball stars of tomorrow. The camp is available for players 6-14 years old. Anyone who has completed his/her freshman year of high school is not eligible to attend.

Have a Super Bulldog Summer!
Jeff Quillin

Camp Staff

Jeff Quillin – Camp Director

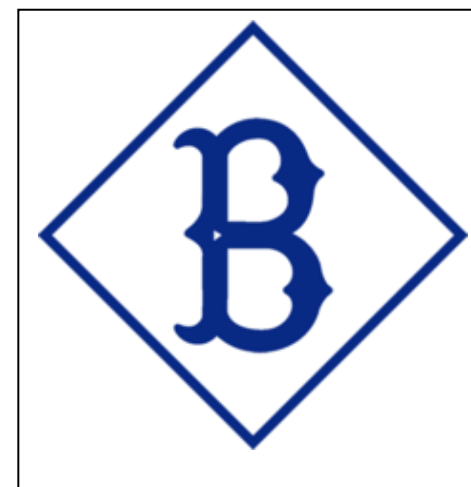
Assistant Coaches: Michael Pena

Michal Widenore

Joe Sanchez



5th Annual Bandera Baseball Camp



Cost:

\$25 dollars before June 4th

\$35 at the door

Dates: June 25th-26th

Time: 9:30am-11:30am

**Instruction by
Bulldog Coaching Staff**

Release Form/Emergency Information

As a custodial parent or court-appointed guardian of _____ (child's name), I do for both of child's parents, for child and child's heir and successors, release "Bulldog Baseball Camp" and any of its agents, employees, or staff from all claims arising out of or connected with the child's participation in any of the "Bulldog Baseball Camp" activities. I provide this release because I am mindful that athletics, physical training and competition can be a dangerous undertaking regardless of how careful or prudent any person, firm, or facility might be. Furthermore, I give permission to the staff of "Bulldog Baseball Camp" to treat child or arrange for medical care or treatment deemed necessary. If circumstances permit, the staff will attempt to communicate via telephone with the following emergency contacts for child.

Primary Emergency Contact

(NAME, RELATIONSHIP, PH. #)

Secondary Emergency Contact

(NAME, RELATIONSHIP, PH. #)

In the event neither emergency contact can be reached, or if the urgency of the situation requires immediate attention without prior telephone contact, "Bulldog Baseball Camp" staff may arrange for medical treatment at the expense of parent or guardian signing form. Health insurance, PPO info child follows.

Ins. Company: _____

Policy #: _____

Address: _____

Telephone: _____

Allergies (if any): _____

Heart disease or other: _____

PARENT OR GUARDIAN

DATE

General Daily Agenda

Stretch: The campers will start with lower body stretches then move to upper body stretches before throwing.

Throwing/Catching: The campers are instructed how to throw with proper mechanics in order to throw with maximum velocity and accuracy. The four-seam grip, proper elbow position, proper footwork, and follow through are stressed in this drill.

Stations or Infield/Outfield Practice: The skill sessions last 10- 15 minutes each. The kids rotate through stations such as infield, outfield, base running, pitching, catching.

Hitting/Bunting: These skills will be taught through station work and, live on the field.

Controlled Games/Fun Contests

Camp Goals

- To provide an environment for the baseball player to develop individual skills.
- To stress knowledge and execution of the fundamentals of baseball.
- To prepare the camper to compete at the Little League and high school levels.

Registration Form

Please mail form and check to:

Bulldog Athletics

**ATTN. Coach Hamilton
474 Old San Antonio Hwy.
Bandera, TX 78003**

Age: 6 9 12
 7 10 13
 8 11 14

Camp time each day: 9:00 to 12:00

T-SHIRT SIZES

NAME _____

ADDRESS _____

PHONE _____

YOUTH SM MD LG

XL

ADULT SM MD LG XL