

NEW TO PHYSICALS THIS YEAR!!!!!!!

Sports Medicine Associates of San Antonio and AugustHeart will offer **FREE** heart screenings for the 2017-2018 school year on **Monday, May 22, 2017**. A release for the screening is attached in the physical packet and posted on the district website. This must be completed prior to receiving the screening.

What is AugustHeart?

AugustHeart creates accessibility to free lifesaving heart screenings for teenagers to identify undetected heart abnormalities putting teens at risk for sudden cardiac death. AugustHeart heart screenings include a measure of height and weight, a modified electrocardiogram (12-lead ECG – measures the electrical activity in the heart), and if necessary a limited echocardiogram (2-dimensional ECHO – ultrasound picture of the heart). Medical personnel provide an assessment of the data (normal or abnormal). All data collected related to the heart screen is reviewed by a board certified pediatric or adult cardiologist to ensure accuracy.

The AugustHeart screening focuses on five of the most common cardiac conditions predisposing a young person to sudden cardiac death for which we believe cost-effective, rapid screening is possible. These include heart structure problems, such as hypertrophic cardiomyopathy (HCM), dilated cardiomyopathy (DCM) and enlargement of the aorta, as well as electrical problems such as long QT syndrome (LQTS) and Wolff-Parkinson-White (WPW) syndrome.

We know that the population of teenagers at potential risk numbers in the tens of thousands. Our goal is quite simple — to ensure that all youth whose families desire cardiac screening can have it in the simplest, most reliable and most cost-effective way. AugustHeart is dedicated to making free heart screenings accessible to teens because we know lives can be saved with a simple 20-minute heart screening

We encourage all student athletes to participate! This allows us to provide the best care possible for your athlete.