

Bandera Independent School District



ATHLETIC HANDBOOK

2010- 2011

BANDERA HIGH SCHOOL ATHLETICS MISSION STATEMENT

Bandera Independent School District believes that the district athletic program should be an integral part of the total educational process.

The mission of the BISD Office of Athletics is to ensure and enhance the quality of life for youth by providing competitive activities. The pitting of one's skills, knowledge, and talent against friendly opponents is a means of learning one's own strengths and weaknesses.

Good contests properly supervised, give youthful competitors the opportunity to gain self-confidence, improve skills, exhibit good sportsmanship, ethical behavior and integrity. Sports programs help the participant to develop physically, morally, and mentally.

Athletic offerings within the district are competitive and diversified, thereby allowing students the opportunity to realize their full potential relative to growth and development. All programs are designed not only to teach athletic skills, but also to instill good character, and teach sound values.

It is felt that the success of the athletic program sets the tone for the entire school year. It builds a positive self image for the individual athlete, the team, the school, the community, and most importantly, for Bandera ISD.

It is our final goal that sports activities will produce young men and women of character and integrity who will be able to enter the community and become constructive, contributing members of society: Citizens that will leave their mark on this world by making it a better place for future generations.

Larry Prince

Director of Athletics

Bandera Independent School District

BANDERA ISD 2010-2011 ATHLETIC HANDBOOK

FOREWORD

The primary purpose of this handbook is to acquaint you with the goals and procedures of the Bandera Athletic program. Bandera athletics is a vehicle by which thousands of people can learn more about our school and community. Keep this manual throughout the season and refer to it often.

Bandera Bulldog Athletics

According to University Interscholastic League rules, being in athletics is a privilege, not a right. Only those students who abide by school and athletic policies will be allowed to represent Bandera ISD.

When young men and women sign up for athletics and become a member of a team, they make a commitment. They are obligated to follow the rules and regulations of the program. They are not forced to participate, it is a voluntary action on their part; therefore, they are expected to follow rules of order.

Parents should strive to help their son or daughter to achieve success in athletics. Success is defined as participating at 100% of the individual's ability. We can never expect athletes to do more than they are capable; however, we will push them to obtain their fullest potential. Supportive parents can instill this desire in student athletes by seeing that the student is on time, attends practices and games and follows the rules and regulations set forth by the Bandera Athletic Department.

Bandera ISD Athletics offers the following opportunities:

FALL	WINTER	SPRING
Varsity Cross Country	Varsity Basketball	Varsity Baseball
Middle School Cross Country	JV Basketball	JV Baseball
Varsity Football	Freshman Basketball	Freshman Baseball
JV Football	Middle School Basketball	Varsity Softball
Freshman Football	Varsity Soccer	JV Softball
Varsity Volleyball	JV Soccer	Varsity Golf
JV Volleyball	Power lifting	JV Golf
Freshman Volleyball		Varsity Tennis
Middle School Football		JV Tennis
Middle School Volleyball		Middle School Track
Golf		Middle School Golf
		Middle School Tennis
		High School Track

EXPLANATION OF ATHLETICS

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child / children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communications you should expect from your child's coach:

- Philosophy of the coach
- Locations and times of practices and contests
- Team requirements, e.g., practices, special equipment, off season conditioning

Communication coaches expect from parents:

- Concerns expressed directly to the coach
- Notification of any schedule conflicts well in advance

As your child becomes involved in the program at Bandera, they will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged. Examples of these situations include the treatment of your child, ways to help your child improve, concerns about your child's attitude, or academic support.

It is very difficult to accept your child's perceived lack of playing time, or positions that they may play. It will be the coach's discretion to make all decisions about playing time or positions for all individual student-athletes, regardless of the score of the game or the personal feelings of the student-athletes parents.

Coaches are professionals. They make judgments based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things should be left to the coach's discretion. **Examples include team strategy, other student-athletes, playing time, etc.** There are situations that may require a conference between the coach and the parent(s). These are encouraged. It is important that both parties involved have a clear understanding of the other's position. **There will not be a conference regarding a student athlete's playing time.**

When these conferences are necessary, the following procedures should be followed to help promote resolution:

1. Call the coach to set up an appointment.
2. If the coach cannot be reached, call the Athletics Office, and leave a message for the coach to contact you.
3. **Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.**

If the meeting with the coach does not provide a satisfactory resolution, the next step is to set up an appointment with the Athletic Director.

Since research indicates that a student involved in extracurricular activities has greater success during adulthood, these athletic programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school.

ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS

The general administration of the Athletic Program is the direct responsibility of the Athletic Director. This includes the arrangement of all schedules, time and place of playing games, selection of officials and the general management of all matters pertaining to the Athletic Program. In carrying out this program, each head coach in the department shall attend to details of their respective sports.

I. GOALS

The goals of the Bandera Independent School District for competitive sports are:

- To encourage as many students to participate in as many sports as possible at all levels.
- To produce highly competitive athletic teams and individuals in all sports while adhering to all UIL rules and regulations.
- To demonstrate the highest ideals of sportsmanship and ethics required by Bandera ISD and the UIL in all athletics.
- To produce the best scholar/athletes possible through increased emphasis of academic excellence through tutorial assistance and college/SAT information.
- To provide the proper instruction and facilities for athletics participants to successfully compete and excel.
- To provide the proper environment for all athletes to develop themselves physically, mentally, and emotionally.
- It is our final goal that sports activities will produce young men and women of character and integrity who will be able to enter the community and become constructive, contributing members of society: citizens that will leave their mark on this world by making it a better place for future generations.

II. OBJECTIVES

- To provide as many athletes as possible with a good environment.
- To instill good habits, sound morals, exemplary citizenship, and a high standard of sportsmanship in student athletes.
- To further instill in athletes an appreciation for optimum health and physical fitness, with continuous emphasis on proper rest, good eating habits, and cleanliness.
- To develop all programs in such a manner that the end results is one of unity, harmony, and success.
- To instill in athletes the desire to represent their school and community in a manner that will make school administrators, teachers, parents, fellow students, and other citizens proud.
- To emphasize to athletes, at all levels of competition, the fact that athletics competition is a privilege that carries with it certain responsibilities. Some of these responsibilities include training, loyalty, eligibility, improvement, and perseverance.
- To create in all athletes a greater interest in the value of education.
- To maintain and conduct the most successful interscholastic athletic program in the State of Texas.

III. TEAM SELECTION

A. Sample Criteria for Team Selection

- Physical attributes of the student: strength, agility, stamina, running, jumping, throwing, kicking
- Attitude and work ethic
- Skills particular to the sport
- Skills particular to a "position"
- Team needs
- Previous experience in the sport

B. Responsibility

1. Choosing the members of athletic squads is the sole responsibility of the coaches of these squads.
2. Prior to trying-out, the coach shall provide the following information to all candidates for the team:
 - Extent of try-out period
 - Criteria used to select the team
 - Number to be selected
 - Practice commitment if they make the team
 - Game commitments

C. Procedure

1. When a team cut becomes necessary, each person cut shall:
 - Have completed a minimum of five practice sessions
 - Have performed in at least one intra-squad game,
 - Be personally informed of the cut by the coach and the reason for the action
2. Team rosters/and or "cut" lists are never to be posted

Playing time as a member of a team in the Bandera High School:

It is the goal of the athletic department and coaching staffs at the freshman level to provide an opportunity for students to participate in each contest. Student-athletes EARN the privilege to play increasing amounts of time. **At the discretion of the coach, student athletes who have not attended practice consistently or whose efforts in practice do not contribute to the team dynamic may not receive playing time.**

At the Junior Varsity level student-athletes EARN the privilege to play in each contest. Skill development is especially important since the main objective of this level is to prepare students for varsity play. Team membership does not guarantee more than limited game time.

Varsity team membership is based on fitness, ability, attitude, consistent effort, knowledge of fundamentals, and commitment. A student-athlete EARNs the privilege to make the team and play. The best student-athlete, at the coach's discretion, play as much as required in an attempt to achieve competitive excellence and win the contest. A valued team member in good standing may play every minute of a contest or not at all.

At the discretion of the coach, student athletes at any level who have not attended practice consistently or whose effort in practice does not contribute to the team dynamic may not receive playing time.

REQUIREMENTS TO PARTICIPATE

1) Physical Examination

- The physical must be turned in to the Athletic Department before participating in any practice or game.
- A physical examination is required every year beginning in the 7th grade. The physical form is available from the athletic trainer or the coaches. **Use only the approved UIL form to record physical examination.** Club or organization forms will not be accepted. The physical covers all sports for the year. The athletic trainer will schedule a group physical during May of the preceding school year for all athletes. If an athlete does not have their physical examination and athletic department forms filled out completely and turned in to the trainer by the 3rd day of school (3rd day of practice for football, volleyball and cross country) they will be removed from athletics. Extenuating circumstances will be reviewed by the Athletic Director.

2) Athletic Department Forms Packet

- The information included in this packet must be turned in prior to participation in any practice or game.
- This packet includes (1) UIL Acknowledgment of Rules, (2) consent to emergency medical treatment, (3) personal student and parent information, (4) medical history, and the (5) UIL steroid agreement form. The packet should be filled out completely. Do not leave any requested information blank.

3) Acknowledgment of BISD Athletic Handbook

- The student athlete, in order to participate in an athletic program must turn in the acknowledgement form no later than September 3rd, 2010, or for students entering athletics after September 3rd, ten day after of receipt of the handbook.
- The student-athlete and the parent/guardian should sign the last page of this handbook. This shows receipt of the Athletic Handbook and acknowledges that the student-athlete and parent/guardian will comply with the rules and policies contained in the Athletic Handbook.

4) Academic Eligibility

- A student in grades 9-12 may participate in extra-curricular activities on or off campus at the beginning of the school year only if the student has earned the cumulative number of credits in state-approved courses:
 - A. Beginning the ninth grade year - must have been promoted from the eighth to the ninth.
 - B. Beginning the tenth grade year - must have at least 5 credits toward graduation.
 - C. Beginning the eleventh grade year – must have at least 10 credits toward graduation or during the preceding 12 months, he/she must have earned 5 credits.
 - D. Beginning the twelfth grade year – must have at least 15 credits toward graduation or during the preceding 12 months, he/she must have earned 5 credits.

A student participating in UIL activities will be suspended from participation in games after a grading period in which the student received a grade lower than a 70 on a scale of 100 in any academic class (other than an identified honors or advanced class). This suspension continues for three weeks. The grades will be reviewed at the end of each three-week period; the suspension will be removed if the student is passing all classes with a grade equal to or greater than a 70.

5) **Athletic Period**

- Athletes will be required to be in the athletics period and participate in the offseason program.
- Athletes will be required to be in the athletics period the semester before and the semester of the season of competition of their sport.
- Extenuating circumstances will be addressed on an individual basis by the Bandera ISD Athletic Director and the Girl's Athletic Coordinator.

ATHLETIC DEPARTMENT PROCEDURES

1) **COACH'S RULE**

- At the heart of our Athletic Program are the Do Right Rules:

Do Right Rules:

1. **Do right and avoid wrong at all times.**
 2. **Give your best effort in everything you do.**
 3. **Treat others like you would like to be treated.**
- Coaches may establish additional rules and regulations with the approval of the Athletic Director for their respective sports. The rules pertaining to a particular sport must be explained at the start of the season. The coach shall administer penalties for violation of team rules. Copies of team rules are on file in the Athletic Office.

2) **GENERAL DISCIPLINE PROCEDURES**

- Refer to the Extra-Curricular Code of Conduct Attachment. This information is in the student handbook. Parents and students must sign a code of conduct acknowledgement form.
- For Level A and B offenses, we will follow the consequences set forth in the Extra-Curricular Code of Conduct.
- For Level C violations, we will follow the consequences set forth in the Extra-Curricular Code of Conduct and add two (2) weeks to the suspension.
- For Level D violations, we will follow the consequences set forth in the Extra-Curricular Code of Conduct and add two (2) weeks to the suspension. A level D violation may result in the athlete being removed from the Athletic Program.
- For Level E violations, athletes face automatic removal from the program. (At the discretion of the Athletic Director and Girls' Coordinators.)
- Athletes who are placed in In School Suspension (ISS) – The athlete's head coach will determine the punishment for the athlete on a case by case basis.

3) **ATHLETIC ACADEMIC IMPROVEMENT PLAN**

PURPOSE:

- The purpose of the plan is to ensure the academic success of all student athletes.
- Higher standards of academic expectations translate into more productive adult lives.
- We will follow a plan that will promote preparation, responsibility and commitment to self and team members.
- Through this plan individual character will be developed as self esteem and self-expectations will be raised.

RESPONSIBILITIES OF COACHES

- Coaches will continually stress the importance of high academic achievement.
- Coaches will be aware of all athletes' individual progress, attitude, and behavior in class.
- Coaches will supervise activity periods/study hall and make recommendations for remediation of failing athletes.
- Coaches will assist students with core curriculum knowledge through arranged tutorials and activity/study hall periods.
- Coaches will serve as role models and mentors to student athletes.
- Coaches will track, implement, and supervise a comprehensive plan for improving classroom performance and eliminating disrespectful/disruptive classroom/school conduct.

GRADE SHEET POLICY

- Grade sheets will be sent out every Wednesday to be collected every Friday.
- Each grade sheet has places for teachers to report Grade (Passing/Borderline/Failing), Behavior (+/-), Zeros, and a column for teacher comments.
- Student athletes know that each and every week their performance and behavior in class will be reported to the coaching staff.

REWARDS AND INCENTIVES PROGRAM

- Rewards and incentives will be awarded by individual sport.

CORRECTIVE MEASURES

Corrective measures will be taken for any zeros or poor marks for behavior, or any negative comments from the teacher.

- Some examples include but are not limited to:
 - a. 20-30 second sprint
 - b. Tire flips / Agility drills
 - c. Sport specific drills

DISRUPTIVE OR DISRESPECTFUL BEHAVIOR PROCEDURE

- Teachers are asked to report immediately any disruptive or disrespectful behavior directly to the Athletic Director or the Girl's Athletic Coordinator.
- Disruptive behavior will be reported through e-mails, notes in boxes or timely phone calls or personal contacts with the Athletic Director or with the Girl's Athletic Coordinator.
- Disruptive/disrespectful behavior will be handled as "serious" and will be addressed by the coaching staff after practice, the SAME day of the teacher's report to the Athletic Director or Girl's Athletic Coordinator.
- Corrective measures will be assessed by the Athletic Director, Coordinator and/or the Head Coach on an individual basis and on a cumulative basis with more "corrections" for multi-offenders.

POTENTIAL INELIGIBLE PROCEDURE

- Any student athlete failing one or more classes at a mid-term progress report (3 weeks reporting period)
- Counseling and tutorial recommendations and suggestions will be offered and accommodated by the Coaching staff on an individual basis.
- Following a failing progress report, student athletes will stay on the list and will be closely monitored academically for the remainder of the 6-week grading period.
- Once a student athlete passes a six weeks grading period, as indicated by an "All Passing" report card, he/she is removed from the list and the "slate is wiped clean" for a fresh start. A NEW failing progress report (3 weeks later) could place the student back on the list.
- Student athletes who are consistently academically ineligible are subject to dismissal from the athletic program.

4) ATTENDANCE

Be in class. Be on time. Missing a practice not only hurts the athlete, but the whole team. If a student must miss a practice, then the following procedure should be followed:

- A telephone call should be made to the coach in advance of the practice (whether the practice is before school, during school, or after school) that will be missed, when possible.
- A note, written by the parent or guardian, should be given to the coach in order that a record of the absence is on file.
- All absences will be made up. This is not punishment; it is simply makeup for the work missed.
- Tardiness will be considered on the same basis as absences, with the makeup time being less.
- Excessive tardiness or absences may result in expulsion from the team and dismissal from the athletic program.

Game Day Attendance

- On contest days when school is in session, student athletes must attend school unless the student athlete is engaged in another school sponsored activity or has a verified doctor's appointment. Extenuating circumstances may be considered by the head coach and Athletic Director.

5) HOLIDAYS/VACATIONS

Vacations by athletic team members during a sport season are discouraged and while family values will always take precedence over program requirements, parents and athletes in conflict between vacations and program requirements may need to reconsider the athlete's commitment to the team. We urge parents not to plan their vacations during times when there will be conflicts.

6) TEAM SELECTION

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. While BISD values the ideal of maximum participation, time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. If limitations are deemed necessary, the coach shall provide the following information to all candidates for the team in advance:

- Extent of tryout period.
- Criteria used to select the team.
- Number to be selected.
- Practice commitment if they make the team.
- Game commitments.

7) INJURIES OR ILLNESS

We have an excellent athletic trainer who knows her business. If you have an injury, see the trainer. The trainer will either treat the athlete or refer the athlete to a physician. If the athlete must leave school because of illness, contact or come by the coach's office. If the athlete is injured, to the degree that they can't work out or practice, we expect that athlete to prepare himself/herself to recuperate as soon as possible. If an athlete goes to the doctor on their own, they must bring a note to the trainer from that doctor clearing them to return to athletic activity. This includes any trip to the emergency room. Student athletes who can't work out or practice due to injury must report to the training room between 7:30AM and 7:45AM for pre-therapy treatment. If a student athlete is not signed in by a coach or trainer in the training room before school at the designated time (7:30AM-7:45AM), they will work out or practice during the athletic period. An injured athlete is still part of the team and is expected to be at all practices and games unless they are medically unable.

8) CONFLICT IN ACTIVITIES

An individual student who attempts to participate in several extracurricular activities will, undoubtedly, be in a position where a conflict of obligations may arise. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and to this end, will attempt to schedule events in a manner to minimize conflicts. From the standpoint of workouts or practices, when a student athlete participates in two or more activities that coincide, the parents, the student athlete, the coaches and sponsors must be aware that the student athlete will be required to attend and engage in workouts as arranged and agreed upon by the coaches and sponsors of the activities involved. Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about participation in too many activities where conflicts are bound to happen. It also means immediately notifying the faculty sponsors and coaches involved when a conflict does arise. When a conflict arises, the sponsors and coaches will work out a solution so the student athlete does not feel caught in the middle. The following procedure will be used to resolve a student athlete's conflict in obligations for school-sponsored activities:

1. Attempt to reconcile any and all activity scheduling conflicts through professional cooperation with the other director, sponsor or coach and produce a solution that will allow the student athlete to engage in both activities. If there is no possible solution, proceed to #2 and so on to determine where the student athlete's obligations must lie.
2. Contests and competitions, including scrimmages, dual and triangular meets, will under normal circumstances take precedence over practice or workouts.
3. District contests and competitions will, under normal circumstances, take precedence over non-district contests and competitions.
4. State playoff and /or national advancement contests and competitions will under normal circumstances take precedence over district contests and competitions.
5. The highest level contest or competition under normal circumstances will take precedence when state playoffs and/or national advancement is involved.
6. If it appears that both contests or competitions weigh the same in terms of importance, then the principal, the sponsor, the Head Coach, the Girl's Athletic Coordinator (if applicable) and the Athletic Director will meet to establish a solution based on the following criteria:
 - The relative importance of each event.
 - The importance of each event to the student.
 - The relative contribution the student can make.
 - How long each event has been scheduled.
 - Talk with parent.

Once the decision has been made and the student has followed the decision, he/she will not be penalized in any way by either faculty sponsor or coach. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he/she should withdraw from that activity.

9) MULTIPLE SPORTS

Athletes are encouraged to participate in more than one sport; however, eligibility to participate in a particular sport will not be based upon participation or non-participation in a second sport. Student athletes who attempt to participate in multiple sports whose season overlaps may create schedule conflicts. When and if conflicts arise, the coaches of the sports will work out a solution. If a solution cannot be found, then the Athletic Director will make a decision.

10) COMMITMENT

Once a student athlete begins a sport, the athletic department believes that he/she has made a commitment to that particular team. Each student athlete will be given a grace period, which lasts 7 days, or until the first contest, to solidify this commitment. If, within the grace period, the student athlete decides not to fulfill his or her commitment, the student athlete will be allowed to begin their next sport when that sport begins. However, if the student athlete participates beyond the grace period and then decides not to fulfill his or her commitment, the student athlete will not be allowed to begin their next sport until the varsity competition in that sport the student athlete left is completed, including all playoff contests. If that athlete's next sport is not consecutive with the sport that they quit, (the seasons aren't back to back) the athlete will not be allowed to participate in competitions or scrimmages for the total number of days past the grace

period they were in the sport before they quit. The athlete will not travel with the team to out of town games during the suspension. At home games, the athlete will be required to sit on the bench in street clothes. Failure to do so will extend the suspension one contest. One sport athletes who quit their sport may be removed from the athletic period.

11) TRAVEL

All athletes represent the community, school, and coaches. When we are traveling abroad, our athletes may be the only person from Bandera that a clerk, waitress, coach, etc has ever had contact with. From this contact with you, this person will judge our athletic program, our coaches, our team, our school, and our community. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a proper manner. When missing classes because of an athletic event, it is the responsibility of the athlete to see his/her teacher the day before the missed classes. All work shall be made up at the convenience of the teacher. All athletes making a trip on the bus will return on the bus unless an emergency situation or when parents are present and there is good reason for returning with them. This must be cleared with the head coach prior to the trip. Athletes should never return with anyone other than on the bus or with their own parents unless an Alternative Transportation Form has been signed by the parent(s) and approved by the administration.

12) CARE OF EQUIPMENT

Take pride of our facilities and equipment. You are to hang up your equipment in your locker and clean it. Do not track mud and dirt into the dressing rooms. Therefore, take off shoes before entering the dressing rooms. When you change into workout gear, hang up your clothes in your locker and lock up all of your valuables. Latrines and toilets are to be flushed and showers and faucets turned off completely. All trash should be thrown in a trashcan. Clean up in and around your locker each day.

13) CLUB, LEAGUE AND SELECT SPORTS

Club, league and select sports are programs outside of the school that is not affiliated with UIL athletics. We are very fortunate to live in a community where the high school can be the main focus. Club, league, and select sports should be a supplement to the UIL athletics programs offered by Bandera ISD, and should be limited to the summer months if at all possible. Bandera ISD athletes' obligations must be to their school team first. We will not excuse our athletes to miss a school contest or practice for a club, league or select sport event.

14) COLLEGE RECRUITMENT

In the event a college recruiter should contact an athlete personally, he/she has an obligation to work through his/her coach and the Athletic Department. Inform your coach of such a contact as soon as possible. NCAA standards are available in the Athletic Department office or Counseling Center.

15) LETTER JACKET

A student at Bandera may earn awards in accordance with UIL rules and local guidelines set by athletic sponsors. Students may receive an appropriate award in as many areas as they qualify, however, only one major award may be received at the high school level when the student meets the standards set for athletic competition. [The award will have only the letter for the event in which it is issued. All additional letters or emblems are the responsibility of the student.]

Students must not only meet the award guidelines, but also conduct themselves in a manner that represents a positive role model at the high school and in the community at all times. If a student does not comply with this exception, an award may be withheld. An award may be withheld only upon the recommendation of a committee composed of the athletic director, sponsor of the event, counselor, one teacher, and the principal.

A student may qualify for a major award (letter jacket) only in a varsity sport. Students qualifying in a sport other than a varsity sport may receive a certificate, plaque, medal, or similar trophy signifying the level at which it was earned. In all sports, the coach and the athletic director must recommend an athlete for an award.

The following guidelines will be utilized when awarding a major Award (letter jacket) to students involved in an athletic event:

Volleyball, Football, Basketball, Soccer, Softball, & Baseball:

- The student athlete must participate in all workouts. All workouts missed must be made up.
- The student athlete must participate in all scheduled events unless excused by the coach.
- The athletes must play in at least 50% of the scheduled game time or be a starter.
- The coach and the athletic director may recommend that an award be given, although requirements have not been met due to extenuating circumstances.

Track & Field, Cross Country, Golf, Tennis, & Power lifting:

- The student athlete must participate in all workouts. All workouts missed must be made up.
- The student athlete must participate in all scheduled contests unless excused by the coach.
- The student athlete must participate at the district meet at the varsity level. For Cross Country, the student athlete must advance to the Regional meet as either an individual or team qualifier or actually run at the Regional or State

Cross Country meet. For Track and Field, the student athlete must score (place 1st through 6th) at the district Track and Field meet or actually participate at the Regional or State Track and Field meet. For Powerlifting, the student athlete must qualify for the Regional Powerlifting meet. For Tennis, an athlete must win 4 varsity matches in a season, one of which must be a match at the district tournament. For Golf, an individual must place 1st through 6th, or actually participate in the Regional or State Golf Tournament.

- The coach and the athletic director may recommend that an award be given, although requirements have not been met due to extenuating circumstances.

Student Manager/Trainer:

- The student manager/trainer must assist the coach in all workouts.
- The student manager/trainer must participate in all scheduled games unless excused by the coach.
- The student manager/trainer must be a manager/trainer in two sports per year.
- The coach and the athletic director may recommend that an award be given, although requirements have not been met due to extenuating circumstances.

Bandera ISD 2010-2011 Extra-Curricular Code of Conduct Grades 6-12

The extracurricular code of conduct is an additional code of conduct for students in grades 6-12 who participate in any non-curricular event such as UIL or membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district.

The term “extracurricular activities” means any non-curricular event and membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district and sponsored by the district or a campus. All University Interscholastic League (UIL) and non-UIL activities and student organizations, such as Student Council and National Honor Society are extracurricular. Extracurricular activities also include, but are not limited to, public performances, contests, and club events. All extracurricular activity participants, including elected and appointed officers of all campus organizations, are subject to the provisions of this *Extracurricular Code of Conduct*. Some student groups, such as National Honor Society, may also have national or state mandated guidelines that are stricter than this code.

State law requires students involved in extracurricular activities to meet academic standards before being allowed to participate. Bandera ISD reinforces that expectation with student conduct as well as academic performance. Because students in extracurricular activities become models for younger students as well as their peers, it is extremely important that all participants in these activities observe personal behavior that reflects positively on them as individuals as well as Bandera ISD.

The objective of this extracurricular code of conduct is to instill in students a respect for good citizenship in the form of positive peer pressure. A student’s failure to maintain positive conduct, regardless of whether the behavior is school-related, will be grounds for disciplinary action ranging from counseling from the activity sponsor to immediate suspension or withdrawal from the office, honor or extracurricular activity depending on the severity of the misconduct. Notice of the alleged violation and an opportunity for the student to tell his/her story will occur before denying participation in an extracurricular activity.

Based on the philosophy that participation in extracurricular activities is a privilege which must be earned by meeting acceptable academic and conduct standards, the District has identified five levels of offenses which represent violations of the extracurricular code of conduct. An investigation will be conducted prior to any consequences being enforced.

LEVEL A

OFFENSES	CONSEQUENCES
Any violation in the Student Handbook not listed as a Level B, Level C, Level D, or Level E offense in reference to this code.	Will be determined by each activity sponsor/coach. Examples: verbal reprimand, extra-conditioning, additional assignments.
Any violation of an individual organization’s rules. Examples: tardy, no costume, equipment.	Will be determined by each activity sponsor/coach. Examples: verbal reprimand, extra-conditioning, additional assignments.
First placement to In School Suspension.	Will be determined by each activity sponsor/coach. Examples: verbal reprimand, extra-conditioning, additional assignments.

LEVEL B

OFFENSES	CONSEQUENCES
Any misbehavior, which results in suspension from school. Examples: fighting, truancy.	The student will be suspended the next performance from each extracurricular activity he/she is involved in at the conclusion of the investigation.
Second placement and each subsequent placement to In School Suspension within the same semester.	The student will be suspended one performance from each extracurricular activity he/she is involved with if the performance occurs within three weeks at the conclusion of the investigation.
First documented citation resulting from the possession or use of tobacco regardless of where the behavior occurs.	The student will be suspended one performance from each extracurricular activity he/she is involved with if the performance occurs within three weeks at the conclusion of the investigation.

LEVEL C

OFFENSES	CONSEQUENCES
First documented citation resulting from the possession or use of alcohol or drugs regardless of where the behavior occurs. It is the expectation of Bandera ISD that students participating in extracurricular activities make reasonable attempts to avoid situations where alcohol or drugs are present.	The student will be suspended from all extracurricular activities including after school practices for 3 weeks at the conclusion of the investigation.
Behavior resulting in a <i>discretionary</i> placement in the District's Alternate Education Program.	The student will be suspended from all extracurricular activities including after school practices for 3 weeks or the duration of the placement to the Alternate Education Program if longer.
Second suspension from school.	The student will be suspended from all extracurricular activities including after school practices for 3 weeks at the conclusion of the investigation.
Second documented citation resulting from the possession or use of tobacco regardless of where the behavior occurs.	The student will be suspended from all extracurricular activities including after school practices for 3 weeks at the conclusion of the investigation.

LEVEL D

OFFENSES	CONSEQUENCES
Second documented citation resulting from the possession or use of alcohol or drugs regardless of where the behavior occurs. It is the expectation of Bandera ISD that students participating in extracurricular activities make reasonable attempts to avoid situations where alcohol or drugs are present.	The student will be suspended from all extracurricular activities including after school practices for 6 weeks at the conclusion of the investigation.
Behavior resulting in a <i>mandatory</i> placement in the Alternative Education Program.	The student will be suspended from all extracurricular activities for the duration of the placement to the Alternate Education Program.
Behavior resulting in a second <i>discretionary</i> placement in the Alternative Education Program within the same school year.	The student will be suspended from all extracurricular activities including after school practices for 6 weeks or the duration of the placement to the Alternate Education Program if longer.
Third documented citation resulting from the possession or use of tobacco regardless of where the behavior occurs.	The student will be suspended from all extracurricular activities including after school practices for 6 weeks at the conclusion of the investigation.

LEVEL E

OFFENSES	CONSEQUENCES
Third documented citation resulting from the possession or use of alcohol or drugs regardless of where the behavior occurs. It is the expectation of Bandera ISD that students participating in extracurricular activities make reasonable attempts to avoid situations where alcohol or drugs are present.	The student is suspended from all extracurricular activities for one calendar year at the conclusion of the investigation.
Behavior that results in expulsion from the District.	The student is suspended from all extracurricular activities for one calendar year at the conclusion of the investigation.

ACKNOWLEDGEMENT OF ATHLETIC HANDBOOK

* This form must be signed and returned to the Athletic Department no later than September 3, 2010.

I have read and understand the Athletic Handbook, and I agree to abide by its provisions. I agree that my student athlete shall be held accountable for the behavior and consequences outlined in the Athletic Handbook at school and school related activities.

Parent Name: _____
(Print)

Parent Signature: _____ /___/___
(Date)

I have read and understand the Athletic Handbook, and I agree to abide by its provisions. I agree that I, as a student athlete, shall be held accountable for the behavior and consequences outlined in the Athletic Handbook and at school related functions.

Student Name: _____
(Print)

Student Signature _____ /___/___
(Date)